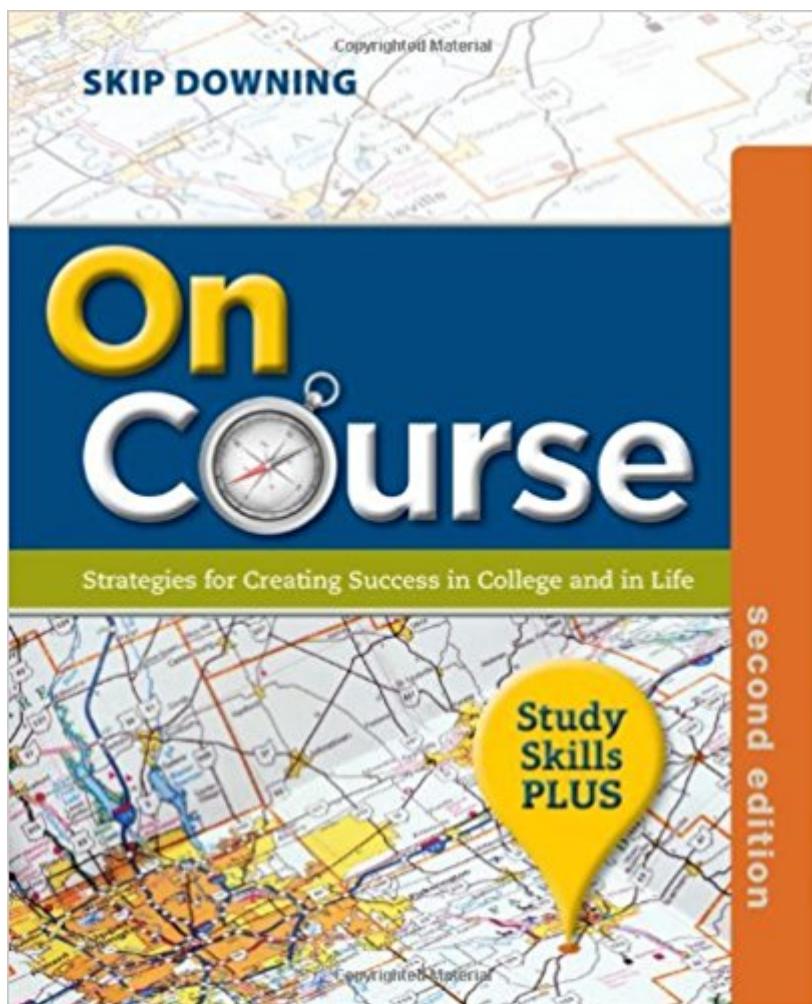


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# On Course: Strategies For Creating Success In College And In Life, 2nd Edition



## **Synopsis**

ON COURSE: STRATEGIES FOR CREATING SUCCESS IN COLLEGE AND IN LIFE, STUDY SKILLS PLUS EDITION was created for educators who would like to promote student growth and self-awareness, while providing more extensive instruction in study skills. Downing's powerful guided journal entries have been retained from the original ON COURSE text to encourage students to explore essential life skills such as personal responsibility, self-motivation, interdependence, and self-esteem. The Study Skills Plus Edition engages students in a learner-centered construction of study skills knowledge, and gives students practice in applying empowerment strategies. The 2nd edition highlights the very process of learning how to solve academic challenges with improved study skills. Students engage in critical and creative problem solving that will enable them to achieve greater success in all parts of their lives. The 2nd edition also features expanded coverage of diversity, emphasizing the many ways in which people are different and how these differences often influence the choices they make. Other new topics include a discussion of academic integrity, how to thrive in the college culture, and a research-based section on the importance of developing a growth mindset. Plus, a new Annotated Instructors Edition guides instructors to relevant exercises and materials in the ON COURSE FACILITATOR'S MANUAL. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>.

## **Book Information**

Series: 2nd Edition

Paperback: 386 pages

Publisher: Wadsworth Publishing; 2nd edition (January 1, 2013)

Language: English

ISBN-10: 1133309747

ISBN-13: 978-1133309741

Product Dimensions: 0.5 x 7.2 x 9 inches

Shipping Weight: 1.2 pounds

Average Customer Review: 4.3 out of 5 stars 203 customer reviews

Best Sellers Rank: #12,007 in Books (See Top 100 in Books) #20 in Books > Education & Teaching > Schools & Teaching > Counseling > Academic Development #23 in Books > Education & Teaching > Studying & Workbooks > Study Skills #266 in Books > Education & Teaching > Higher & Continuing Education

## **Customer Reviews**

"On Course Study Skills Plus Edition gets at the heart of what I think is important for students. They need to understand that they are in control and until they understand that, all the study skills and lectures in the world won't help them. And every semester I learn a little more about myself!""On Course: Study Skills Plus Edition is a great textbook that seems to really get students thinking, which is a huge part of what college is all about. I'm sure that On Course: Study Skills Plus Edition can be improved, but it has been a great asset for teaching my student population. Thanks goes to Dr. Downing, for writing such wonderful book!"

Skip Downing is an international consultant in the field of faculty development and student success strategies. Dr. Downing has earned degrees from Princeton University, Johns Hopkins University, the University of Santa Monica, and Carnegie Mellon University. He holds advanced degrees in both English and counseling psychology. He was professor of English at Baltimore City Community College (BCCC) for 32 years. In addition to his role as an academic instructor, Dr. Downing created and coordinated BCCC's Student Success and Learning Community Programs. These programs teach students how to apply proven success strategies to achieve their full potential in college and in life. The College Success Program resulted in a significant increase in both student academic success and retention. Dr. Downing has made numerous presentations at national conferences and conducted faculty development workshops at many two- and four-year colleges and universities in the United States, Canada, Bermuda, and the Virgin Islands. Dr. Downing's teaching, writing, and consulting are all guided by his belief that the greatest mission of any educational institution is to empower its students to live rich, fulfilling lives. Since 1996, he has facilitated the On Course Workshops, intensive four-day retreats for college educators focusing on proven strategies for helping students become active, responsible partners in their education and achieve greater success in college and in life.

The people who run Cengage & Mindtap are evil demon people who want every single penny from you. Usually when you use this book you will also need to buy a \$60 sub to an online service called Mindtap, basically online power-points because the professor teaching the course was too lazy to write their own material. Therefore you pay new prices even when you buy used. Also, the book itself is classic College 101 BS material. Become accountable! Be a better person! Do your homework! Thanks, I really needed to pay for a \$150 class + Book + Mindtap TM subscription just for you to tell me that. Shove off, Skip. Hope you have fun with the money. Buy yourself a Porsche or something, Mr. Successful Pyramid-Scheme-Man.

This book is designed for college students to learn self-motivation and time management, but it can apply to anyone trying to achieve a goal. It is the best book of its type I have found. The Study Skills (blue pages) sections are absolutely wonderful. I saw it in a tutoring center at a local college and immediately bought one for my grandson. It includes positive motivation quotes, student stories, and workable approaches to identifying challenges, choosing options, and progressing toward solutions.

I rented this book for one of my college courses and is without a doubt the most annoying textbook I have ever read. It goes over lessons that are just common sense, I honestly didn't learn anything from reading it. All it talks about is the common sense bs that you learn in elementary school like do your homework, study for tests, don't get behind. Honestly if I wanted to study this type of information I would go back to preschool.

I bought a used book and I highly recommend it if you're on a budget and want a textbook for your own. It has some curved edges but overall it looks brand new, like it has only been used twice. I think this is a good price.

It's an amazing book definitely worth the purchase helped me with not only my assignments but with the whole college experience.

Good

ok

I don't care for it - honestly it was needed for my college class. It isn't all that bad but still...blah...

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